

Action on Rights



Alzheimer Scotland's new Action on Rights team, funded by Scottish Government, has been set up to help carers, families and friends of anyone living in Scotland's care homes. The team can support you:

- To have meaningful contact between those living in care homes and their families and friends; and where necessary and appropriate to liaise directly with care homes staff responsible for visiting arrangements to facilitate visits (when permitted and within any relevant restrictions)
- To be better informed about care home visiting guidance, local public health restrictions and support available to you
- To make more informed decisions and have better dialogue with care homes around visiting
- To explore alternative ways for meaningful contact when restrictions result in the suspension of visits
- To have access to the range of support that Alzheimer Scotland provide
- To be supported to access the support of other agencies or organisations
- To obtain support to address the trauma and distress of the pandemic and restrictions.

Making sure nobody faces dementia alone.

The Action on Rights team are available Monday-Friday by calling our 24 hour Freephone Dementia Helpline on **0808 808 3000** or email **actiononrights@alzscot.org**