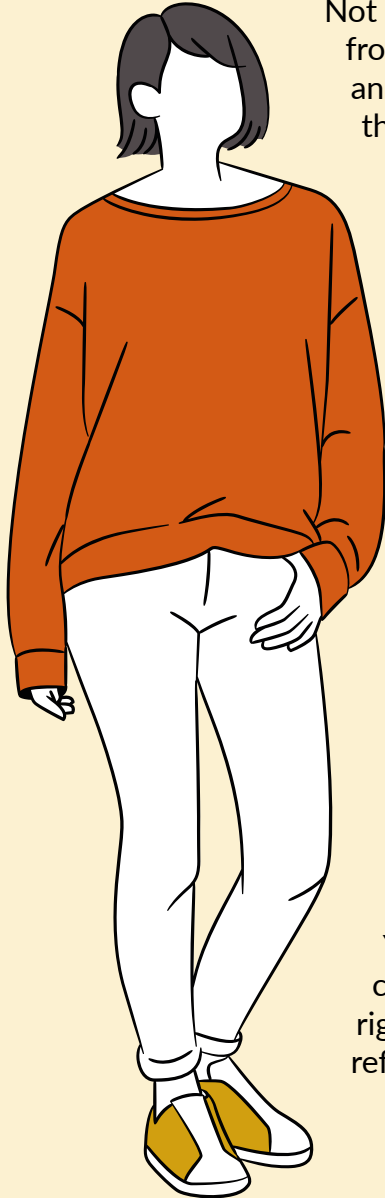


An Inclusive Domestic Abuse Support Service in North Lanarkshire



About Aura

Aura is a new service, supporting people affected by domestic abuse across North Lanarkshire.



Not all abuse leaves visible marks; it ranges from physical violence to cruel words and threats. It can include manipulation, threats, jealousy, violence, and coercive or controlling behaviour between people who have a relationship with each other (or have had in the past).

Domestic abuse can happen to anyone regardless of age, gender identity, sexual orientation and ethnic/religious background.

Aura provides practical, emotional, non-judgemental support, advice, and safety planning for all victims of domestic abuse.

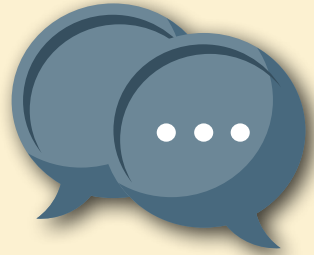
With our core team made up of trained and experienced domestic abuse workers, we will ensure that support offered to you is safe, confidential, and appropriate to you and your needs.

You have the right to feel safe. You can get support from us when it is the right time for you; you don't need to be referred by anyone.

Aura can support you in various ways:

> **One-to-One Support:**

Aura workers can chat over the phone, text or WhatsApp or meet you face-to-face (in line with Covid-19 guidance) at a mutually agreed location. Our confidential support is free and completely guided by you and your needs.



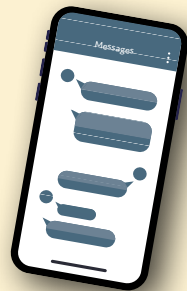
> **Helpful Information and Resources:**

Safety planning tips, information on specialist support organisations and links to legal guides can be found on our website and social media pages on Facebook and Twitter.



> **Contact us in a way that suits you:**

You can contact an Aura Worker about how things are going or for information and support on issues relating to domestic abuse via: our website, social media pages, live chat, online referral form or over the phone.



If you are unsure if what you are experiencing – or have experienced – is domestic abuse, please call Aura and talk to one of our workers who will help you to find the right support:

01698 757667

If you would like a translated version of this leaflet, please phone 0131 624 7270 or e-mail info@sacro.org.uk quoting reference MOT/652.

This leaflet is also available in large print or Braille.

In order to make Sacro's services as widely available as possible, we have made every reasonable effort to facilitate easy access to all of our premises for disabled service users. Where this is not possible, we will arrange a suitable, alternative venue.

Bu broşürün çevirisini istiyorsanız, lütfen 0131 624 7270'i telefonla arayın veya info@sacro.org.uk eposta gönderip MOT/652 dosya numarasını söyleyin.

اگر آپ کو اس کتابچہ کا ترجمہ درکار ہے تو براہ کرم 0131 624 7270 پر ٹیلیفون کریں یا info@sacro.org.uk پر ای میل بھیجیں اور ریفرنس نمبر MOT/652 کا حوالہ دیں۔

欲索取這單張的翻譯版本，請電 0131 624 7270，或電郵 info@sacro.org.uk 並說明檔案編號 MOT/652。

إذا كنت تريد نسخة مترجمة من هذه المنشورة الرجاء الاتصال برقم الهاتف 0131 624 7270 أو أرسل بريدا إلكترونيا إلى العنوان info@sacro.org.uk وذكر الإشارة رقم MOT/652

এই পুস্তিকার অনুবাদ যদি আপনিন পেতে চান তাহলে 0131 624 7270 নম্বরে ফোন করে অথবা ই-মেইল করে রেসপন্সে নম্বর MOT/652 উল্লেখ করবেন

Jeśli potrzebne jest tłumaczenie w polskiej wersji językowej, bardzo prosimy o kontakt pod numerem 0131 624 7270 lub droga e-mailową info@sacro.org.uk podając numer referencyjny MOT/652.

How to get in touch with Aura

Telephone: **01698 757667**

Email: **aura@sacro.org.uk**

Website: **www.aura.scot**

Facebook: **[@AuraNLan](https://www.facebook.com/AuraNLan)**

Twitter: **[@AuraNLan](https://twitter.com/AuraNLan)**

General Office: **Sacro
Dalziel Building
7 Scott Street
Motherwell ML1 1PN**

*This is an administrative office only
and does not operate a drop-in facility.*

