

**SEXUAL & REPRODUCTIVE HEALTH CLINICS
(FORMERLY FAMILY PLANNING)**

Appointment Line: 0300 303 0251

NORTH Lanarkshire (appt only unless stated)

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|---|--|
| Airdrie Graham St, ML6 6DB | Thu: 1.30pm-4pm 7pm-9pm |
| Bellshill Community Health Clinic, ML4 1PS | Wed: 1.30pm-4pm 6.30pm-9pm |
| Coatbridge* Health Centre, ML5 3AP | Mon: 9am-12.00noon Walk in Clinic* Mon: 1pm-3pm LARC Walk in Clinic †* Mon: 6.50pm-8.30pm |
| Cumbernauld Central HC, G67 1BJ | Mon: 7pm-9pm Fri: 9.30am-11.30am |
| Motherwell Health Centre, ML1 1TB | Tue: 9am-12.00noon Walk in Clinic* Tues: 1.30pm-4pm |
| Viewpark Health Centre, G71 5RR | Fri: 9.30am-12noon |
| Wishaw Houldsworth Centre, ML2 7BQ | Mon: 1.30pm-3.30pm Wed: 1pm-3.30pm LARC Walk in Clinic †* |

* **WALK IN CLINIC** – No appointment required. Registration within first hour only.

† **LARC-only clinic** (Long Acting Reversible Contraception). (Numbers may be limited due to capacity)

National/regional services:

Scotland's National Sexual Health Website:
www.sexualhealthscotland.co.uk

National Sexual Health Line: 0300 123 7123
(lines are open 24 hours). Free and number won't appear on your bill. Mobile phone costs will vary.

**SEXUAL & REPRODUCTIVE HEALTH CLINICS
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Appointment Line: 0300 303 0251

SOUTH Lanarkshire (appt only unless stated)

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|--|---|
| Blantyre Health Centre, G72 0BS | Thu: 1.30pm-4.30pm |
| Cambuslang, Health Centre, G72 8JR | Mon: 9.30am-12noon 1.30pm- 4pm |
| Carluke Health Centre, ML8 4BA | Mon: 9.30am-12.30pm Mon: 1.30pm-4pm |
| East Kilbride Hunter Health Centre, G74 1AD | Mon: 9am-12.00noon LARC Walk in Clinic †* Wed: 1pm-4pm Walk in Clinic* Wed: 6.30pm-8.30pm Thu: 1.30pm-3.30pm |
| Hamilton Douglas St Clinic, ML3 0BP | Wed: 7pm-9pm Fri: 9.30am-11.30am |
| Lanark Health Centre, ML11 7DH | Tue: 7pm-9pm |

OTHER LOCAL SERVICES: Free Condoms No Fuss – get free condoms from any GUM/Family Planning Clinic or 100+ outlets across Lanarkshire including some pharmacies.

Lanarkshire HIV,AIDS & Hepatitis Centre:
Monklands Hospital, Monkscourt Avenue, Airdrie ML6 0JS. Phone: 01236 712247
Mon–Fri: 9am–4.30pm

Related Service:

Terrence Higgins Trust Scotland: 0808 802 1221 (Mon–Fri till 10pm, Sat/Sun 12noon–8pm)
or visit www.tht.org.uk

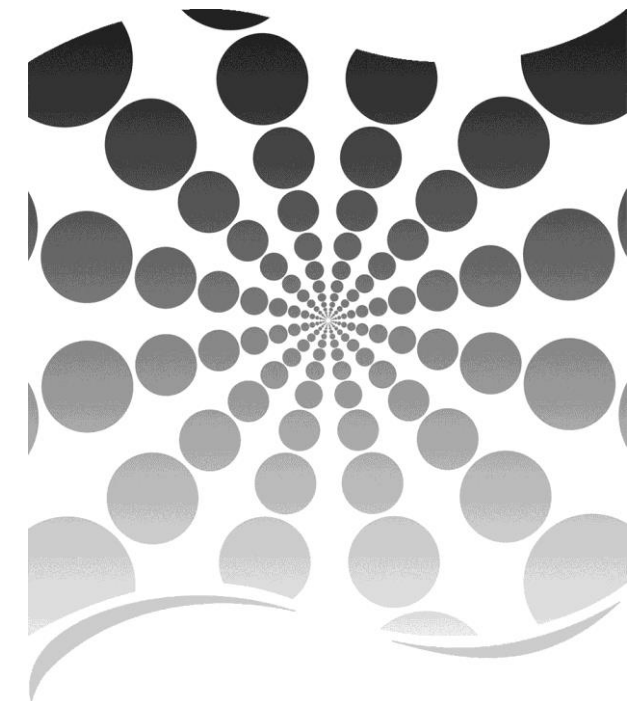
LGBT Helpline Scotland: 0300 123 2523 (12noon–9pm every Tuesday and Wednesday) or visit www.lgbt-helpline-scotland.org.uk

Lanarkshire
Sexual Health Services



Sexual Health Services

www.lanarkshiresexualhealth.org



Sexual Health clinics are provided throughout Lanarkshire. Sessions are provided at various times during the week including evenings. Clinics are staffed by specially trained nurses and doctors.

Services provided at the clinics may include:

- Contraceptive advice and provision including emergency contraception and Long Acting Reversible Contraception (LARC)
- Cervical cytology (smear testing)
- Sexually Transmitted Infection (STI) screening
- Help in explaining positive results to partner
- Counselling, testing and support around blood borne viruses including HIV and hepatitis
- Vaccination programme
- Pregnancy testing/counselling
- Termination of pregnancy referral
- Free condoms
- Safer sex information and advice
- Psychosexual counselling

Some services listed above may not be available in the site you visit but you will be sign posted to the appropriate service at that point.

To make an appointment call: **0300 303 0251 (9am–4.45pm Monday to Friday)**, you will be asked some questions and be signposted to one of our clinics. Our staff work across all clinics/areas.

SEXUAL HEALTH CLINICS

Appointment Line: 0300 303 0251

Clinics are **appointment** only (unless stated)

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| Airdrie Community HC, 88 Graham St, ML6 6DB | Thu: 1.30pm-3.40pm |
| Blantyre Health Centre, G72 0BS | Thu: 9.30am–12noon |
| Cambuslang Health Centre, G72 8JR | Mon: 1.30pm-4pm |
| Cambuslang Clinic, G72 8JR | Mon: 1.30pm – 4.30pm |
| Carlisle Health Centre, ML8 4BA | Mon: 1.30pm–4pm |
| Coatbridge Health Centre, ML5 3AP | Mon: 9am–12.00noon Walk in Clinic* 1.30pm–8.30pm |
| Cumbernauld Central HC, G67 1BJ | Fri: 9.30am–12.30pm |
| East Kilbride Hunter Health Centre, G74 1AD | Wed: 1pm–2pm Walk in Clinic* Thurs: 1pm – 4pm |
| Hamilton Douglas St Clinic, ML3 0BP | Fri: 9.30am–12.30pm |
| Motherwell Health Centre, ML1 1TB | Tue: 9am-12.00noon Walk in Clinic* 1.30pm–4.30pm |

* **WALK IN CLINIC** – No appointment required. Registration within first hour only.

YOUNG PERSON'S DROP IN SERVICES

For ages 20 and under. Some services are based outside health centres; all have specially trained staff used to working with young people – mostly a nurse and youth worker (or doctor and nurse).

Services available will differ across areas but most will offer: Sexually Transmitted Infection (STI) screening, pregnancy testing, contraception, free condoms and referral to other services (for example, mainstream sexual health services or specialist YP clinics).

Services are confidential. Staff would only share information with other agencies if someone under 16 was in danger. Full confidentiality policy is available at drop in services.

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| Airdrie, Fiz, @Home ML6 6DH | Tue: 7pm-9pm (drop in until 8.00pm) |
| Cumbernauld Central HC, G67 1BJ | Mon: 4pm-6pm (drop in until 5.30pm) |
| Hamilton HIPY, ML3 7BE | Mon: 4.30pm–6.30pm (drop in until 6.00pm) |
| Lanark Health Centre ML11 7DH | Tue: 5.45pm-7.30pm |
| Shotts, Healthy Living Centre, ML7 5ET | Wed: 6.30pm-9pm (drop in until 8.30pm) |
| Wishaw Health Centre ML2 7BQ | Mon: 4pm-5.30pm (drop in until 4.45pm) |

YOUNG PERSONS+ DROP IN SERVICES - Offers all contraception, including coils and Implants, all STI testing and wart treatment.

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| Airdrie YP+ Health Clinic, ML6 6DB | Thurs: 4pm-6pm (drop in until 5.30pm) |
| Bellshill YP+ Clinic, ML4 1PS | Wed: 4pm-6pm (drop in until 5.30pm) |
| Coatbridge YP+ Health Centre, ML5 3AP | Mon: 4pm-6pm (drop in until 5.30pm) |
| Cambuslang YP+ Health Centre, G72 8JR | Mon: 4pm-6pm (drop in until 5.30pm) |
| East Kilbride YP+ Hunter HC, G74 1ED | Thu: 4pm-6pm (drop in until 5.30pm) |
| Motherwell YP+ Health Centre, ML1 1TB | Tue: 4pm-6pm (drop in until 5.30pm) |

To check out the most up-to-date service times and days, see the 'Services' section online at:
www.lanarkshiresexualhealth.org